

September 2024

Portsmouth Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services, Family & Bachelor Housing at Portsmouth Naval Shipyard, Kittery, Maine

Damariscotta Pumpkinfest & Black Iceberg Friday, October 11, 2024



We leave the shipyard at 9 a.m. and head to Brunswick to visit all things Arctic at the Peary-MacMillan Arctic Museum (aka the Black Iceberg). After our visit, we'll have lunch at Wild Oats Bakery. We'll then head to Damariscotta and see artists transforming their pumpkin into works of art and different creatures. Most will already be done. We'll return by 4 p.m. with lots of photos!

Don't miss this fun, unique and relaxing day!



\$30 includes van transportation
Call ITT at 207-438-2713 or visit us in Building 22



Fletcher Fitness Center

Building 301
Programs & Events are FREE
to all authorized patrons
More info call: 207-438-4261
Mon-Fri, 5 a.m. - 8 p.m.
Sat & Sun, 8 a.m. - 4 p.m.
*Hours are subject to change

Stationary Bike Challenge

Month of September
Fastest time to reach 5 miles
wins! Winner's name will be
placed on the Fitness Records
Board.

Disc Golf Tournament

Wednesday, Sept 5 | 4 p.m.
Disc golf is scored like tradition-
al golf but it involves throwing a
disc from a tee off point to a tar-
get (a basket with chains). Players
keep count of throws (or strokes);
and just like golf the lowest num-
ber of strokes wins. Report to
Fitness Center for Scorecards.
Winner will receive a prize.

Soccer League

Starts September 9
Coaches meeting: August 19

Flag Football League

Starts September 9
Coaches meeting: August 26

Stay Connected

Get updates right on your phone!
Sign up for our texting program:

Text PNSYFUN to

888-697-6762

You can also download the NAVY
MWR PNSY App! Available on
both Apple Store and Google Play.
www.navylifePNSY.com



Discount Tickets, Trips & Tours at ITT

Building 22
More info call: 207-438-2713
Operational Hours:
Mon-Thurs, 8 a.m. - 6 p.m.
Fri, 8 a.m. - 8 p.m. | Sat, 1 - 6 p.m.
*On all trips there are no refunds if a
customer cancels unless we are able to fill
their spot.

Damariscotta Pumpkinfest & Trolls

Saturday, October 12
\$30 includes van transportation
(gardens admission not included)
Take a step back in time & enjoy
Damariscotta with us. We leave
at 8 am and will have 3 hours in
Damariscotta. Stroll by giant
pumpkins transformed into
creatures and more. Pack a lunch
or enjoy food there. We then stop
at the Coastal Maine Botanical
Gardens in Boothbay to see the
trolls and flowers before they rest
for the season. We leave with our
steps in at 4 pm returning to the
Shipyard by 6 pm.

Recreation Equipment Rental

Building H10
More info call: 207-438-1514
Mon-Fri, 8:30 a.m. - 3 p.m.

Mark Your Calendar: Sunday River Ski Trip

February 5 - 9, 2025
More info to come!



NH Waterfall Hikes

Monday, October 14
\$30 per person
(includes van transportation)
Fall foliage is one of the reasons
New England is so highly
photographed and cherished by
so many. Don't miss seeing the
beauty of the fall season. Head
northwest with us. We'll be
stopping along the Kancamagus
Highway for lunch, photo ops, & 2
short hikes to see Waterfalls
(Sabbaday Falls and Diana's
Baths). These hikes are marked
as easy and family friendly. Pack
your lunch, wear comfortable
shoes with good tread, and get
ready for spectacular views. You
will not be disappointed! We leave
PNSY at 8 a.m. & return by 6 p.m.

Free Movies

Free movies play in the Shipyard
Auditorium, Building 22.
Friday Movies are at 6 p.m. and
Saturday Movies are at 2 p.m. To
find a full list of movies that will
be playing this month visit our FB
page: www.facebook.com/pnsyffr
*No food in the auditorium until
further notice*

Fridays at 6 PM

September 6 - Challengers (R)
September 13 - No Movie
September 20 - Furiosa: A Mad
Max Saga (R)
September 27 - The Strangers:
Chapter 1 (R)

Saturdays at 2 PM

September 7 - IF (PG)
September 14 - No Movie
September 21 - The Garfield
Movie (PG)
September 28 - The Fall Guy (PG-13)

PEN TURNING WORKSHOP

Join us at the wood hobby shop in building H-10 to learn how to make a unique gift in a short time. Students will learn about wood selection, proper use of the lathe, and turn a blank into pen. Class size limited to 5 people (maximum).

Dates:

Wednesday, September 18, 2024 from 4 to 7 p.m.

Wednesday, September 25, 2024 from 4 to 7 p.m.

Costs:

Military and dependent cost \$10.00

DoD civilian cost \$15.00

All materials will be provided.

Primary instructor: Pete Zamarchi

Advance registration is required to reserve a seat

Email mark.shipyardwoodcrafters@gmail.com to reserve your spot

www.navalylifepnsy.com | www.facebook.com/pnsyffr

